

# **ST MARY'S HOLY COMMUNION 22 August 2021**

## ***GREETING:***

The Lord be with you  
**and also with you.**

## ***HYMN***

**Thou, whose almighty word**  
chaos and darkness heard,  
and took their flight;  
hear us, we humbly pray,  
and, where the Gospel day  
sheds not its glorious ray,  
let there be light!

Thou who didst come to bring  
on thy redeeming wing  
healing and sight,  
heal to the sick in mind,  
sight to the in-ly blind,  
now to all humankind,  
let there be light!

Spirit of truth and love,  
life-giving holy Dove,  
speed forth thy flight!  
Move on the waters' face  
bearing the gifts of grace,  
and, in earth's darkest place,  
let there be light!

Holy and blessèd Three,  
glorious Trinity,  
Wisdom, Love, Might;

boundless as ocean's tide,  
rolling in fullest pride,  
through the world far and wide,  
let there be light!

## ***INTRODUCTION and CONFESSION: invitation***

**Lord God, we have sinned  
against you;  
we have done evil in your  
sight.  
We are sorry and repent.  
Have mercy on us according  
to your love.  
Wash away our wrong  
doing  
and cleanse us from our sin.  
Renew a right spirit within  
us  
and restore to us the joy of  
your salvation, through  
Jesus Christ our Lord.  
Amen.**

## ***ABSOLUTION and COLLECT: Trinity 12***

God of constant mercy,  
who sent your Son to save us:  
remind us of your goodness,  
increase your grace within us,  
that our thankfulness may  
grow,  
through Jesus Christ our Lord.  
Amen.

**EPISTLE:**

**Ephesians 5 v 8-21**

<sup>8</sup> For you were once darkness, but now you are light in the Lord. Live as children of light <sup>9</sup> (for the fruit of the light consists in all goodness, righteousness and truth) <sup>10</sup> and find out what pleases the Lord. <sup>11</sup> Have nothing to do with the fruitless deeds of darkness, but rather expose them. <sup>12</sup> It is shameful even to mention what the disobedient do in secret. <sup>13</sup> But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. <sup>14</sup> This is why it is said:

“Wake up, sleeper,  
rise from the dead,  
and Christ will shine on you.”

<sup>15</sup> Be very careful, then, how you live—not as unwise but as wise, <sup>16</sup> making the most of every opportunity, because the days are evil. <sup>17</sup> Therefore do not be foolish, but understand what the Lord’s will is. <sup>18</sup> Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, <sup>19</sup> speaking to one another with psalms, hymns, and songs from the

Spirit. Sing and make music from your heart to the Lord, <sup>20</sup> always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. <sup>21</sup> Submit to one another out of reverence for Christ.

This is the word of the Lord  
**Thanks be to God**

**GRADUAL SONG:**

**Light of the world you  
stepped down into darkness**

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**GOSPEL: John 6 v 56-69**

<sup>56</sup> Whoever eats my flesh and drinks my blood remains in me, and I in them. <sup>57</sup> Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. <sup>58</sup> This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever.” <sup>59</sup> He said this while teaching in the synagogue in Capernaum.

<sup>60</sup> On hearing it, many of his disciples said, “This is a hard teaching. Who can accept it?”

<sup>61</sup> Aware that his disciples were grumbling about this, Jesus said to them, "Does this offend you?" <sup>62</sup> Then what if you see the Son of Man ascend to where he was before! <sup>63</sup> The Spirit gives life; the flesh counts for nothing. The words I have spoken to you—they are full of the Spirit<sup>l</sup> and life. <sup>64</sup> Yet there are some of you who do not believe." For Jesus had known from the beginning which of them did not believe and who would betray him. <sup>65</sup> He went on to say, "This is why I told you that no one can come to me unless the Father has enabled them."

<sup>66</sup> From this time many of his disciples turned back and no longer followed him.

<sup>67</sup> "You do not want to leave too, do you?" Jesus asked the Twelve.

<sup>68</sup> Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life. <sup>69</sup> We have come to believe and to know that you are the Holy One of God."

This is the Gospel of the Lord  
**Praise to you, O Christ.**

**ADDRESS:** Tim Ward

**SONG:**

**Father God, fill this place**  
With Your love, with Your

**APOSTLE'S CREED**

**I believe in God the Father Almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,**

**was crucified, died, and was buried;**

**he descended to the dead.**

**On the third day he rose again;**

**he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge**

**the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church the communion of saints,  
the forgiveness of sins, the resurrection of the body,  
and the life everlasting.**

**Amen.**

***INTERCESSIONS: Di Rogers***

***THE PEACE: Introduction, then***

The peace of the Lord be  
always with you:

**And also with you.**

***HYMN:***

**Come down, O Love divine,**  
seek thou this soul of mine,  
and visit it with thine own ardor  
glowing;  
O Comforter, draw near,  
within my heart appear,  
and kindle it, thy holy flame  
bestowing.

O let it freely burn,  
till earthly passions turn  
to dust and ashes in its heat  
consuming;  
and let thy glorious light  
shine ever on my sight,  
and clothe me round, the while  
my path illuming.

And so the yearning strong,  
with which the soul will long,  
shall far outpass the power of  
human telling;  
for none can guess its grace,  
till Love create a place  
wherein the Holy Spirit makes a  
dwelling.

***THANKSGIVING PRAYER***

The Lord is here:

**his Spirit is with us**

Lift up your hearts:

**we lift them to the Lord.**

Let us give thanks to the  
Lord our God:

**it is right to give him  
thanks and praise.**

Father, we give you thanks and  
praise through your beloved  
Son Jesus Christ, your living  
Word,  
through whom you have  
created all things; who was sent  
by you in your great goodness  
to be our Saviour.

By the power of the Holy Spirit  
he took flesh; as your Son, born  
of the blessed Virgin, he lived  
on earth and went about  
among us;

he opened wide his arms for us  
on the cross; he put an end to  
death by dying for us; and  
revealed the resurrection by  
rising to new life; so he fulfilled  
your will and won for you a holy  
people.

Therefore with angels and  
archangels, and with all the  
company of heaven, we  
proclaim your great and  
glorious name,  
for ever praising you and

*saying:*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of  
your glory.  
Hosanna in the highest.**

Lord, you are holy indeed, the  
source of all holiness;  
grant that by the power of your  
Holy Spirit,

and according to your holy will,  
these gifts of bread and wine  
may be to us the body and  
blood of our Lord Jesus Christ;

who, in the same night that he  
was betrayed,  
took bread and gave you  
thanks;

he broke it and gave it to his  
disciples, saying:

Take, eat; this is my body  
which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you  
thanks;

he gave it to them, saying:  
Drink this, all of you; this is my  
blood of the new covenant,  
which is shed for you and for  
many for the forgiveness of  
sins.

Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:  
**Christ has died: Christ is  
risen: Christ will come  
again.**

And so, Father, calling to mind  
his death on the cross,  
his perfect sacrifice made once  
for the sins of the whole world;  
rejoicing in his mighty  
resurrection and glorious  
ascension,

and looking for his coming in  
glory,  
we celebrate this memorial of  
our redemption.

As we offer you this our  
sacrifice of praise and  
thanksgiving,  
we bring before you this bread  
and this cup and we thank you  
for counting us worthy  
to stand in your presence and  
serve you.

Send the Holy Spirit on your  
people and gather into one in  
your kingdom all who share this  
one bread and one cup, so that  
we, in the company of all the  
saints, may praise and glorify  
you for ever, through Jesus  
Christ our Lord; by whom, and  
with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours,

almighty Father,  
for ever and ever.  
**Amen.**

***THE LORD'S PRAYER:***  
**Our Father in heaven,**  
**hallowed be your name,**  
**your kingdom come,**  
**your will be done,**  
**on earth as in heaven.**  
**Give us today our daily**  
**bread.**  
**Forgive us our sins - as we**  
**forgive those who sin**  
**against us.**  
**Lead us not into temptation**  
**but deliver us from evil.**  
**For the kingdom, the power**  
**and the glory are yours now**  
**and forever. Amen.**

***BREAKING OF THE BREAD:***  
We break this bread to share in  
the body of Christ:  
**Though we are many, we**  
**are one body because we all**  
**share in one bread.**

***INVITATION to communion***

***POST-COMMUNION:***  
**Almighty God, we thank you**  
**for feeding us with the body**  
**and blood of your Son Jesus**  
**Christ. Through him we**

**offer you our souls and**  
**bodies to be a living**  
**sacrifice.**  
**Send us out in the power of**  
**your Spirit to live and work**  
**to your praise and glory.**  
**Amen.**

***NOTICES***

***HYMN:***  
**To him we come-Jesus**  
**Christ our Lord.**

***BLESSING***

***DISMISSAL:***  
Go in peace to love serve the  
Lord  
**In the name of Christ.**  
**Amen.**